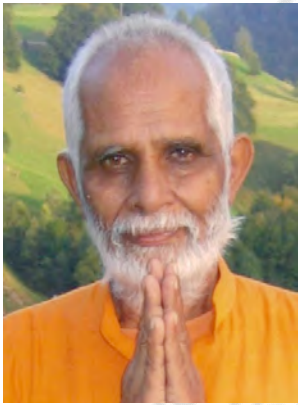


Understanding and Deepening Spiritual Advancement



Patanjali
KUNDALINI
Yoga Care



Swami Chandrasekharanand and Bri Joan Shivarpita Harrigan, Ph.D.
holder and heir of a 500-year old Vedic oral lineage

The Sacred Science of Spiritual Transformation

KUNDALINI VIDYA

Saturday, October 3, 2009
10:00 am to 1:00 pm

**Union Theological Seminary • Bonhoeffer Room (2nd floor) • Broadway and W. 121 St.
New York City**

Seminar Offering \$50 • Students/Seniors \$35

This seminar describes the ancient inter-spiritual science of Kundalini Vidya, an exquisite, practical, and comprehensive understanding of spiritual development that explains the spiritual journey from beginning to end. Based in scripture, lineage, and direct experience, Kundalini Vidya offers precise explanations that clarify the hows and whys of spiritual progress and practice. Relevant to sincere seekers of every path, this universal yet rarely available cherished teaching provides a thorough description of subtle body physiology to reveal the various kinds of risings, or routes, that affect the ways in which individuals experience, proceed in, and are limited in their progress toward Self-Realization. This vidya assures the seeker that by implementing correctly prescribed individualized methods based on an accurate assessment, they can advance their progress by properly engaging their mental and energy systems to cooperate safely and effectively with the deep inner Light, Love, and Life within. Thereby supported, our own inner expert spiritual director, known as Kundalini Shakti in the Vedic tradition, can purge long-standing obstacles and draw us safely to the Source. That which is guiding us is the Divine within, who urges and leads us to reside in the deep abiding peace of our own true essential nature: **oneness with the One.**

To RSVP or for more information: kundalinicare.com/register or 865-531-2004